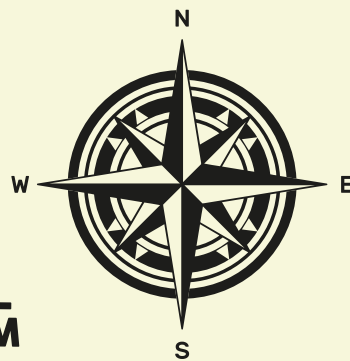


PERAK

FUN
MAP

YOUR HOLIDAY
DESTINATION

VOTED 6TH PLACE IN
LONELY PLANET
ASEAN CITIES



LEGEND

HIGHWAY PLUS
FEDERAL ROAD
RAILWAY ROAD
DISTRICT BORDARIES

TOURISM INFORMATION

Tourism Perak Management Berhad
22, 22A & 22B, Jalan Teh Hawa
30300 Ipoh, Perak
Tel : +605-2499966
Faks : +605-2423366
Emel : wow@tourismperakmalaysia.com
Web : wow.tourismperakmalaysia.com

Tourism Malaysia Northern Region
No. 11, Beach Street
George Town, 10300 Pulau Pinang
Tel : +604-2610058
Faks : +604-2623688
Web : http://www.malaysia.travel

**Ministry of Tourism, Arts
and Culture Malaysia (MOTAC)**
Perak Office
7 & 9, Jalan Medan Istana 3,
Bandar Ipoh Raya
30000 Ipoh, Perak
Tel : +605-2550413
Faks : +605-2536027
Web : www.motac.gov.my

Ipoh Tourist Information Centre (ITIC)
1, Jalan Tun Sambanthan
(Bangunan Lama MBI)
30300 Ipoh, Perak
Tel : +605-2083155
Faks : +605-2083150

Perak Tourism Association (PTA)
D-5-3, Greentown Square,
Jalan Dato' Ahmad Said
30450 Ipoh, Perak
Tel/Faks : +605-2424588

**Selama District Tourist
Information Centre**
Selama Inn @ Rumah Rehat Selama
34100 Selama, Perak
Tel/Faks : +605-8391448

MPT Tourism Unit
Galeri Perbandaran Taiping
PWD 105, Jalan Stesen,
34000 Taiping, Perak
Tel : +605-8051511
Email : tourismmpt@gmail.com

Perak Homestay Association
16A, Jalan Tun Abdul Razak,
30100 Taiping, Perak
Tel : +6012-5060700
Emel : noradidahmokhtar65@gmail.com

**Malaysia Association
of Hotel (MAH)
Perak Chapter**
No.3A, Medan Istana 3, Bandar Ipoh Raya
30000 Ipoh, Perak
Tel/ Faks : +605-2412802
Emel : yuanching.rains@gmail.com

**Malaysia Budget Hotel
Association (MyBHA)
Perak Chapter**
No. 8 & 20, Jalan Meru Utama A2,
Bandar Baru Meru, 30020 Ipoh, Perak
Tel : +6012-2315831

**Perak Tourist Guide
Association (PktGA)**
2nd Floor, No. 75-77,
Jalan Mustapha Al-Bakri,
30000 Ipoh, Perak
Tel : +605-2420897
Faks : +605-2430897

GENERAL INFORMATION

MEDICAL CENTRES

KPJ Ipoh Specialist Hospital
Tel : +605 240 8777

Taiping Medical Centre
Tel : +605 807 1049 / 1971

Columbia Asia Hospital, Taiping
Tel : +605 820 8888

Hospital Raja Permaisuri Bainun
Tel : +605 208 5000

Fatimah Hospital
Tel : +605 545 5777

Ipoh Pantai Hospital
Tel : +605 540 5555

Klinik Kesihatan Gunung Rapat
Tel : +605 243 8311

Perak Community Specialist
Hospital (PCSH)
Tel : +605 241 9000

Perak Chinese Maternity Hospital
Tel : +605 254 5594

KMC Medical Centre
Tel : +605-242 5333



2030
PERAK
SEJAHTERA

travel
#Perak
Lah

GEOPARK
LEMBAH
KINTA

LENGGONG
GEOPARK

Perak
Pass

19 GUA TEMPURUNG

One of the largest limestone caves in Peninsular Malaysia, its chamber is 1.9 kilometres in length and consists of five large domes with ceilings that resemble coconut shells. Once used as a base by communist terrorists around 1959.

GPS Coordinate:
N 4° 24' 57.63384" E 101° 11' 15.66672"



20 TASIK RABAN

A manmade lake that was resulted from the construction of the Chenderoh Dam, it is now a hotspot for anglers. One of the best-known local products from here is the fermented fish (ikan pekasam)

GPS Coordinate:
N 4° 59' 49.07328" E 100° 57' 1.17108"



Publication:
TOURISM PERAK MANAGEMENT BERHAD
22, 22A & 22B, Jalan Teh Hawa,
30300 Ipoh, Perak Darul Ridzuan, Malaysia
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Email : wow@tourismperakmalaysia.com
Website : www.tourismperakmalaysia.com
Facebook : Tourism Perak
Twitter : Tourism Perak
Instagram : Tourism Perak

1 IPOH RAILWAY STATION

Besides being Ipoh's major landmark, the railway station is the main terminal for inter-city rail services known as the Electric Train Service (ETS). This colonial heritage building stands majestically in front of a beautifully landscaped park within the city.

GPS Coordinate:
N 4° 35' 49.4952" E 101° 4' 26.34996"



2 GUNUNG LANG

A Kinta Valley Geosite, this former tin mining site in the early 20th century has been commercialised as a popular recreational park in Ipoh.

GPS Coordinate:
N 4° 37' 32.98944" E 101° 5' 20.3586"



3 LOST WORLD OF TAMBUN

A popular holiday destination for the entire family, this is Southeast Asia's largest theme park with natural hot spring pools plus an assortment of games and activities for all ages.

GPS Coordinate:
N 4° 37' 29.424" E 101° 9' 16.668"



7 BAN PECAH

A serene destination located in the District of Kerian with its own mythology, Ban Pecah (Broken Bund) is famed for its sunsets and is a focal point for anglers. It is also well known for its fresh seafood.

GPS Coordinate:
N 5° 3' 17.64252" E 100° 22' 52.46076"

8 SKY MIRROR

This natural gem is located in Kampung Sungai Burung, Bagan Datuk. The reflection between the sky and sea surface creates a mirror effect that inspires creative ideas in photography enthusiasts.

GPS Coordinate:
N 3° 58' 35.3838" E 100° 42' 23.53716"



9 LEANING TOWER OF TELUK INTAN

A landmark of Teluk Intan since 1885, the tower leans to one side, similar to the world-famous Leaning Tower of Pisa in Italy. Also known as Menara Condong Teluk Intan, it boasts a height of 85 feet, with 110 steps.

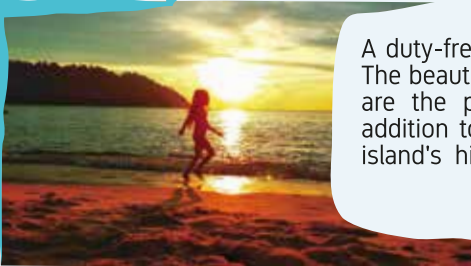
GPS Coordinate:
N 4° 1' 30.50292" E 101° 1' 9.34176"



13 UJANA MUALLIM

This recreational park in Proton City, Tanjung Malim not only offers an array of leisure activities, but it also provides accommodation via hostels and campsites for those wishing to spend the night here.

GPS Coordinate:
N 3° 44' 22.06788" E 101° 32' 27.30408"



A duty-free island, it attracts millions of visitors every year. The beautiful beaches of Teluk Nipah, as well as Pulau Giam, are the primary attractions, especially on weekends. In addition to being a seafood paradise, one can explore the island's historical artifacts from the Dutch colonial period from 1842.

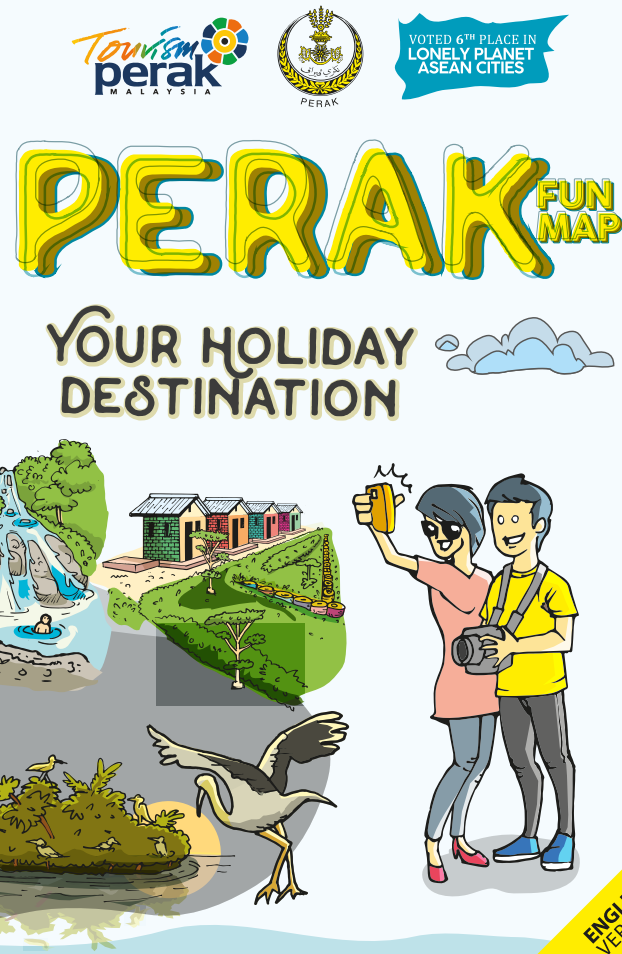
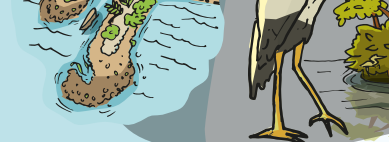
GPS Coordinate:
N 4° 12' 48.53736" E 100° 34' 34.19292"

14 PANGKOR ISLAND

15 TURTLE SANCTUARY

Segari Turtle Sanctuary, a turtle conservation centre located in Pantai Panjang, Segari, is where tourists can witness the hatching of turtle eggs and participate in the release of baby turtles into the sea. Tourists can also observe turtle landing from March until July every year.

GPS Coordinate:
N 4° 21' 46.52172" E 100° 34' 53.00544"



ENGLISH
VERSION

4 UBUDIAH ROYALE MOSQUE

The Ubudiah Royal Mosque is located in Bukit Chandan, Kuala Kangsar. Featuring a Moorish-style architecture, the mosque is surrounded by four minarets and turrets topped with golden domes.

GPS Coordinate:
N 4° 45' 50.82732" E 100° 57' 3.00852"



5 TAIPING LAKE GARDENS

Located between Bukit Larut (Maxwell Hill) and Taiping Zoo, the Taiping Lake Gardens is lined with shady rain trees that have become the icon of this beautiful town. The lake is a result of tin ore mining activity at one of the earliest tin mines in the country.

GPS Coordinate:
N 4° 51' 8.95788" E 100° 44' 58.2522"



6 7 LATA OF SELAMA

Well known as an eco-tourism destination with a focus on leisure, the district of Selama boasts seven waterfalls: Lata Tebing Tinggi, Lata Damak, Lata Titi Dua, Lata Rambung, Lata Batu Putih, Lata Buluh and Lata Panggung. Still untouched, they are important habitats for various species of flora and fauna.

GPS Coordinate:
N 5° 12' 22.21236" E 100° 46' 51.7278"



10 EGRET ISLAND (PULAU BANGAU)

A new eco-tourism attraction located in Teluk Intan with an area of 14.3 hectares, it is a stopping point for storks and migratory birds. There are more than 50,000 storks from 13 different species (mainly egrets and herons). The birds flying home at sunset create unforgettable memories.

GPS Coordinate:
N 4° 1' 49.15632" E 101° 0' 25.84512"



11 FELDA RESIDENCE HOT SPRINGS SUNGAI KLAH

A natural hot spring recreational centre located in Sungkai, it offers a range of family activities as well as a chance to relax and enjoy the greenery, away from the hustle and bustle of the city.

GPS Coordinate:
N 3° 59' 52.91232" E 101° 23' 34.93284"



12 LATA KINJANG

Located in Chenderiang in the District of Tapah, this famous holiday destination is home to the tallest and most beautiful waterfall in Asia.

GPS Coordinate:
N 4° 18' 8.94276" E 101° 15' 18.69408"

16 TANJUNG TUALANG 5 (TT5) TIN DREDGE

Assembled in 1938, this tin dredge that is known as TT5 is located within the Kinta Valley Geopark area. Docked at Kilometer 9 Batu Gajah - Tanjung Tualang Road, the dredge is a historic heritage of the tin mining sector and has become a tourism icon for Perak.

GPS Coordinate:
N 4° 23' 48.508" E 101° 3' 6.794"



17 ROYAL BELUM

One of the oldest forest reserves in the world, The Royal Belum State Park is a natural paradise to various treasures of flora and fauna. It is also home to three species of the iconic Rafflesia flower: R. Kerrii, R. Cantelyi and R. Azlani.

GPS Coordinate:
N 5° 33' 6.0516" E 101° 20' 49.3584"

18 LENGGONG VALLEY

An archaeological site that proves human existence since the Paleolithic period. The oldest human skeleton named Perak Man is estimated to be 11,000 years old and was discovered in 1990 at Gunung Gua Runtuh. UNESCO has gazetted the Archaeological Heritage of Lenggong Valley as a UNESCO World Heritage site on 2 July 2012. Apart from being known for its fermented freshwater fish product, Lata Kekabu also attracts many visitors, especially on weekends.

GPS Coordinate:
N 5° 3' 17.18532" E 100° 58' 26.68224"

