

## Larut, Matang & Salama District **TAIPING**

Famed for being a historical town, Taiping is a picturesque city where the past is preserved in colonial architecture coupled with natural landscapes that seem to transport you back in time. Lotus ponds, angsana trees, heavy rainfall, museums, historical landmarks and delicious food are just some of things you'll find in this quaint and sustainable city.





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😝 Tourism Perak 💆 @PerakTourism 🎯 tourismperak 💰 霹雳州旅游局



## 1 TAIPING LAKE GARDENS

and more, Taiping Lake Gardens is a community hot-spot, especially during the wee hours of the morning and in the evenings for recreational and leisure purposes, towns folk from all walks of life gather together to play sports, run around with their kids and living a healthy life in this little emerald sanctuary in this little emerald sanctuary that's the perfect home to both man and all creatures alike.

- © +6017 546 0464

## ZOO TAIPING & NIGHT SAFARI

Not far from the Lake Gardens, you'll find Taiping Zoo, home to more than 140 species of animals such as tigers, elephants, hippos, orang utans and more. What makes this zoo unique is its night safari that lets you see how animals survive in nocturnal delight. At 36 acres in total, the zoo is constantly looking to expand so as to modify its animal enclosures making them more naturally habitable for each and every animal found here.



iling, Taman Tasik Taiping, 34000 Taiping +605 808 6577



## BUKIT LARUT

Once known as Maxwell Hill, was founded in 1884, making t the oldest hill resort in Malaysia. At roughly 1,250m above sea level, this hill receives the highest rainfall in Malaysia. There is a certain charm to this hill as it still retains its colonial atmosphere with English gardens and British bungalows from a bygone era. Rent a landrover and get to the top in about 30 minutes or trek up, but be warned, it can take anything between 3 to 5 hours before you reach the resort. If you love nature, then this is a must-see during your journey.



Jalan Bukit Larut, 34000 Taiping



© +605 807 7241

## 3 ANTONG COFFEE FACTORY

Antong Coffee Factory isn't just famous for its delicious coffee but for its historical significance as well. Once the above of Chen Cuifen who was known as the "Forgotten Revolutionary Female" and "The first revolution partner" of Sun Yat-sen. Chen remained there till she died. In the 1930s, Tiah Ee Mooi, the founder of Antong Coffee rented the villa then proceeded to purchase it a few years later. Antong Coffee Factory is the oldest coffee mill in Malaysia, which



⊗ Kampung Asam Kumbang, 34000 Taiping **%** +605 807 5189

## 5 PERAK MUSEUM

Located in Taiping, Perak Museum is the oldest museum in Malaysia. It seems so many sight and places in this area are dedicated to the past. Founded by Sir Hugh Low in 1883, the museum initially housed the findings on natural history and was Neo-classical in design. As the collection of exhibits grew so did the galleries, added to showcase the past for present



© +605 807 5189

# A Buddhist monastery located in Taiping, Sasanarakkha Buddhist Sanctuary was founded in January 2000 by Ven.





**%** +6011 1601 1198

## Larut, Matang & Salama District

## **CHANGKAT JERING**

A tiny town in the Larut, Matang and Selama District, Perak, Changkat Jering connects Taiping to the North–South Expressway via the southern exit. So, what makes Changkat Jering stand out? There's a slew of fun sights to see including Kota Nghah Ibrahim, the scenic Ulu Tupai Waterfall Nature Reserve, a Buddhist Sanctuary and even a Museum. As the first stop on our journey down the coast, there is definitely lots to see even right at the beginning.

## 1 RANTING WATERFALL D2

Ranting Waterfall is a six-storey high waterfall set amidst the historical town of Taiping. If you're up for an adventure, then this waterfall is perfect for you as it is hidden by a ravine, making the waterfall only visible from Taman Lake View residence. The waterfall doesn't really have a name but is known to many as Ranting Waterfall after Sungai Ranting that runs over a 60 to 80 degree granite rock face.



Ranting Waterfall, 34000 Kamunting

## Keen to experience nature? Take a brief stopover at Ulu

ULU TUPAI WATERFALL NATURE RESERVE

Tupai Waterfall Nature Reserve for some fresh air and a splash of cool water to freshen up. Surrounded by lush green jungles and gushing waterfalls, it's the perfect afternoo hangout to cool off from the midday sun. To get to the top, you'll need a 4x4 ride up, but fret not, Pak Man of the local retreat will drive you up. Two chalets can be found in the retreat and you can even get food delivered. Book now for a



👂 Ulu Tupai Nature Retreat, Kampung Ulu Tupai, 34000 Taiping **%** +6017 406 9221

## MATANG MUSEUM

Matang Museum was once a home that belonged to Nghah Ibrahim, a statesman in Perak, the fort was built in the 1870s and was used as a court for the murder trial of J.W.W. Birch, the first British Resident in Perak at Pasir Salak. It was later converted into the Teachers' Training College for Malay teachers, known as the Matang College, followed by a primary school and was then turned into the headquarters of the Japanese occupation in 1941. After the Japanese surrendered, the fort was turned into a primary school once again before



 Kampung Pekan Matang, 34750 Matang **%** +605 847 7970

## 5 BUKIT ARANG PARA

Nestled within Kuala Kangsar district, Bukit Arang Para can be found in the Bubu Forest Reserve and stands at a height of about 3,245 feet. A fairly easy trek, the terrain is mostly muddy with lots of leeches. You need to be careful as it can be quite slippery. So, it is advisable to wear the right footwear. Along the trek you'll find a couple of streams to cool off, at 6km both ways, the entire trail will take you about 3 hours to get to the

**JOURNEY** 

**THROUGH** 

THE WEST

Coast Expressway, also known as the WCE E32 and is an interstate

hat curves along the west coast of Peninsular Malaysia.

33000 Kuala Kangsar

Larut, Matang & Salama District

West Coast Expressway

Known for its waterfalls, pristine water and mines that were later demolished in the 1980s, Terong, also known as eggplant in Malay is a small town, almost village like, surrounded today by rubber and oil palm plantations. The community here consists of Malaysia, Chinese and Indians. Though many have left to move to larger cities, this little eggplant town still has a few places worth checking out as you pass by.



## TRONG LEISURE FARM

If you happen to have kids, then the Trong Leisure Farm is definitely worth stopping for. Tractor rides, a spot of fishing, boating and ducks as far as the eye can see (just kidding) are just some of the things you'll find here. The entrance fee might be on the pricer side, despite its lack of facilities, but if you're looking to have some nice roasted duck then it's worth the experience.



+6010 464 0918



Walk past beautiful jungles, orchards and settlements and you'll see a trail heading upstream by a river. There is a steep gorge but rails will help you up the stairs so you can keep your balance while climbing up this steep terrain. After the strenuous part comes the scenic bit, a large pool measuring 80 metres in diameter awaits, this pool cascades downstream into a stream of rapids. It's quite secluded so we don't recommend camping but if you are up for an adventure before



34800 Terong





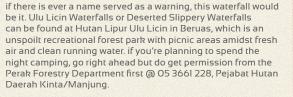
Known for its windy roads pass plantations galore, Beruas is often passed through and not pondered upon long enough. If you decide to take a break for some time, you'll realise there's so much to discover in this small town in the Manjung District.





ULU LICIN WATERFALLS







BERUAS MUSEUM

About 20 km away from Sitiawan, Beruas Museum might

not be very large but there are quite a few well documented

exhibits and artifacts worth checking out. The artifcats found

here mostly prove the existence of the ancient Hindu-Malay

Kingdom of Gangga Negara and the King of Beruas.

9 Jalan Besar, 32700 Beruas **%** +6016 405 0416

### Maniung District

## **CHANGKAT CERMIN**

A village located in Manjung, Changkat Cermin translates to Small Hill Mirror. There's really not much to see or do here but if you're looking to have some traditional Malay cuisine and get some go-to Ging Piang pastries then it's definitely worth stopping by before continuing your journey.



## 1 RESTORAN SALAI BERAPI

If you're a smoked meat or fish lover then you will love this restaurant. Smoked duck, smoked catfish, smoked chicken. smoked meat also known as salai berapi styled cooking is what you'll find here. Traditional Malay dishes can be found as well. So, if you're looking for something to fill your tummy up before the next stop, then this restaurant is a great treat



Nampung Changkat Cermin, 32600 Bota Kanan **%** +6014 338 7184

## 2 CHANGKAT KRUING GONG PIANG

A 26-minute drive from Changkat Cermin and you'll stumble on the little town of Changkat Keruing, and within it you'll find the legendary Changkat Kruing Gong Piang. There's nothing more delightful than a mouthful of these pastries with its sticky sweet onion medley fresh from the oven. Each bite is crispy and chewy all at once. With a recipe that has been passed down generations, it's no wonder these puffed



9 2501, Kampung Baharu, 32500 Changkat Keruing **(**) +6012 315 1621

## **AYER TAWAR**

Located in the Manjung District, Ayer Tawar which translates to "fresh water", is about 60 km away from Ipoh from Ipoh and is a tiny town with good food and a humble community. Surrounded by oil palm plantations and a couple of durian orchards, this mostly Chinese populated town is the perfect stopover for lunch time cravings.



has dinosaur replicas for you and your kids to run around and take some memorable photos with. The park also features plenty of foliage and greenery for you and loved ones to have a picnic in the park and admire the general



## 2 NINE EMPEROR TEMPLE D4

With its annual celebration held in October for about a week, this particular temple lit up so brightly at night that taking photos here would be so Instagram-worthy Other highlights include, an array of food stalls open in the evening till late night, street parades, Hock-Chew descendants gatherings and an amazing cultural concert. There's so much to see so plan your trip well in advances to catch a day in the week of the Nine Emperor God Festival

Aver Tawar To Mo Koon

9 29, Lorong Makmur 2/1, Taman Makmur 1, 32400 Ayer Tawar





## 4 RESTORAN SUN HON SIONG

If you're looking to go back in time and walk down Ayer Tawar's memory lane, Sun Hon Siong restaurant moves at its own pace but offers delicious lunchtime dishes. Be sure to ask the waitress for what to order and sip on classic thirst quenchers such as chrysanthemum, dried longan and herbal tea, hot or iced to cool down from the hot sun



9 142, Main Road, Ayer Tawai **%** +605 672 6544

Sitiawan is such a lovely town. Its name is derived from two Malay words. Setia and Kawan which means loval friend. If you every have the chance to live of visit Sitiawan we're pretty sure that by the end of your journey no matter how long your visit that you'll feel like you've definitely met a loyal friend.



### 1 SALOMA VINEYARD & NURSERY

Did you know that there's an actual vineyard in Perak? Bet you didn't but if you're looking for some fresh grapes, head down to Saloma's Vineyard and Nursery. Tucked away in Lekir, Sitiawan, Perak's only grape farm owned by Mrs Siti Saloma Saad has a variety types of grapes planted across an acre of land. What's even better is that you can take home some seeds and try growing them at home long after you leave.



9 Batu 7 1/2 Lekir, 32020 Sitiawar +6017 568 8642

### ourney out of Sitiawan town and go pass some windy

roads and you'll eventually get to Tua Pek Kong Temple a stunning white marble temple located right by the sea. Trust me guys, you're not going to want to leave your camera behind. With a total of 98 statues of dieties and animals from the lunar calendar and the largest statue of Tua Pek Kong, this temple is a marvel for the eyes and is landscaped to perfection. So, no matter your cultural background if you enjoy beauty in all cultures the Tua Pek Kong Temple is a must-visit.

Jalan Pasir Panjang, 32000 Sitiawan



Located in Koh Village, the Sitiawan Settlement Museum built in 1935, the museum was once a house owned by a Pioneer Methodist Church pastor Today the museum showcases artifacts of community life back in the tin mining era and houses history of the Fuzhou Clan till this day. Plenty of antiques and memorabilia from a bygone decade can also be found for those who'd like to take a stroll into the past.



K6, Jalan Lin Chen Mei, Kampung Koh, 32000 Sitiawan +605 692 0612

A resort island, Pangkor Island used to be a fishing village and now depends on tourism to float its economy. Not only do tourists flock to the island but neighbours from surrounding towns also escape to the island on weekends, although it's packed with people there are still so many beach spots where you can relax and spend time with your family or friends. Visit the hornbill sanctuary and spend the night if you've spent the day lounging by the beach and can't be bothered to drive home before you continue on your journey.



Pangkor Island, 32300 Perak

Dinosaurs in Perak? Who would have known, this lovely park



Jalan Kampung Jering, 32400 Ayer Tawar

**BATAK RABIT** 

Located in the Manjung District, Ayer Tawar which translates

to "fresh water", Batak Rabit is about 60 km away from Ipoh

and is a tiny town with good food and a humble community.

Surrounded by oil palm plantations and a couple of durian

orchards, this mostly Chinese populated town is the perfect

Have you ever savoured giant freshwater prawns? Known as Jenggo in these parts, these river shrimp are famous

around these parts and beyond. It is recommended for you

area cook these prawns in all kinds of styles so be sure to stop by as you pass through for a bite or even try your hand

to go fishing at Batak Rabit and you might catch some of the largest freshwater prawns in Malaysia. Restaurants in the

stopover for lunch time cravings.

at fishing for them if you have time!

Perak River @ Batak Rabit

## AYER TAWAR FOOD COURT D4

Ayer Tawar Food Court, also known as Rong Chern Food Court is a great spot to satisfy your breakfast cravings with some local fusion favourites ranging from curry noodles to want tan mee with dumplings and Ayer Tawar's own take on laksa. All this and more await you for a savoury and sublimely satisfying start to your day. Lunch options are also available if you're looking to get takeaway for your journey.



Kampung Baru Ayer Tawar, 32400 Ayer Tawar

trader, and then subsequently as Teluk Anson during the British protectorate era, Teluk Intan got its name in 1982 for its history and delicious food, there's plenty to see on this bay by the river.



bellies and making people happy for decades. Opening with a single stall, the brand today has branched out across Teluk Intan and beyond, serving up delicious curry based dishes



**%** +605 621 1621

## Bagan Datuk District **BAGAN DATUK**

an oil palm plantation that has been operating since 1906. It was the first estate to have a football club enter

the professionals.



## BAGAN DATUK SKY MIRROR

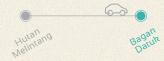
Keen to get the camera out, Sky Mirror Bagan Datuk is going to make your social media followers think you're in another country and not just in Perak. The mirror like effect is only available a few times a year but if you fancy some amazing worry, seafood hotpot for dinner is also available.



# Originally started by the original owners of Jenderata Estate, Bernam Bakery is a Danish bakery that supplies the area

The most southwest district of Perak, Bagan Datuk or Bagan

Datoh was once known by a completely different name, Sungai Keling. Today, venture on to this sub-district for some interesting gems you never thought you'd find here!



photos for your lifetime collection then head on down and don't



🧕 64, Kampung Sungai Burung, 36100 Bagan Datoh \*+6019 502 0502

Also in the vicinity you'll find blue tears a.k.a luminescent plankton or algae which is reminiscent of something out of the movie Avatar. Who knew there was so much beauty off the beaten track, right here in Perak? Take note on recommendations and you might be able to see magic unfold right in the palm of your hands. The best time to visit for vivid blue bioluminescence is around June and November.



## LEGEND

Expressway North South Expressway

--- Perak

4 Bukit Larut

6 Perak Museun

### 4 Changkat Kruing E Leaning Tower of G Ayer Tawar To Mo

6 Landscaped Garden

Hilir Perak District

Batu 8

Giant Freshwater



**Bagan Datuk District** 

Bernam Bakery

Bagan Datuk

3 Blue Tears

## Built in 1885, the tower was first used to store water. Its

your oyster at Restoran D'Perhentian located at 8th mile. Known for its fresh seafood catches, in portions that do not disappoint, the food here is definitely worth sitting down and delighting in be it for lunch or dinner

2 RESTORAN D'PERHENTIAN BATU 8

Whether you're a fan of Thai or Western Food, the world is



🤵 Jalan Hutan Melintang, Batu 8, 36000 Teluk Intan **%** +6017 526 5586

# **TELUK INTAN**

Once known as Teluk Mak Intan, after a female Mandailing from the Sultan of Perak, which means Diamond Bay. Known



## M. GULAM RASUL

Nasi Kandar at its best, M. Gulam Rasul has been filling up



9 Jalan Changkat Jong, 36000 Teluk Intan

## 2 LEANING TOWER OF TELUK INTAN E5

architecture might be heavily influenced by Chinese pagodas but the Leaning Tower of Teluk Intan is often compared to the Leaning Tower of Pisa, in Italy, as it slants to the left just like the Tower of Pisa. Today, it serves as a clock tower but was once even used as a Japanese watch tower, during the Japanese occupation in 1941. With so much history, it's no wonder this tower stands till this day as a symbol of Teluk Intan



### Bagan Datuk District BERNAM BAKERY **HUTAN**

**MEUNTANG** with fresh bread and pastries. Locals were thought by one of the largest bakery proprietors in Denmark, Holstebro, to make delicious Danish bakery products. From eclairs to buns, there's nothing you can't find in this living piece of history that continues to produce amazing pastries for the Perak population. Located by the Straits of Malacca, Hutan Melintang is a fishing town and Jenderata Estate Is located nearby,



**(3)** +605 641 1336

## 2 BLUE TEARS



🧕 19, Bagan Sungai Burung, 36100 Bagan Datoh **%** +6016 505 6526

& Nursery

Tua Pek Kong Temple

Perak's West Coast **EXPRESSWAY** 

Larut, Matang &

 Ulu Licin Waterfalls Taiping Lake 2 Beruas Museum 2 Taiping Zoo 8 Restoran Salai Berapi 3 Antong Coffe

Rong Chern

8 Restoran Sun

Saloma Vineyard

Pangkor Island

### 6 Matang Museum 7 Ulu Tupai Waterfall 8 Sāsanārakkha Sanctuary Ranting Waterfall